

HOW TO AVOID THE EMERGENCY DEPARTMENT OVER THE BUSY WINTER HOLIDAYS

Make sure you have enough prescription medications to last through the winter holidays and until your next visit to your family doctor.

If you need to have blood work or other lab tests done you can visit the following local HealthCare lab. Call or check www.location.lifelabs.com for hours:

- In our CAA Plaza

Grimsby Medical hours during the holidays for a sudden onset illness are:

Monday, December 26: **CLOSED**

Tuesday, December 27: **CLOSED**

Wednesday, December 28: **10am-7pm – appointment necessary**

Thursday, December 29: **10am-7pm – appointment necessary**

Friday, December 30: **10am-2pm – appointment necessary**

Monday, January 2: **CLOSED**

Tuesday, January 3: **10am – 7pm – appointment necessary**

Wednesday, January 4: **10am-7pm – appointment necessary**

Thursday, January 5: **10am-7pm – appointment necessary**

Friday – January 6: **10am-7pm – appointment necessary**

Routine appointments will be scheduled starting the week of January 9, 2017

Best wishes for a safe & Happy Holiday Season!

